

# THE SAINT BARNABAS CENTER

NEWSLETTER # 30  
March 2026

Greetings to all the friends of St. Barnabas Center:

If March is really going to come in like a lion, let us hope it will go out like a lamb. Things are hopping here at the Center, and we trust that as spring comes on it will get even busier.

Some of our programs seem to be establishing themselves in the community. Our monthly luncheon continues to grow and now that we've renamed it to our Community Luncheon thereby opening it up to everyone, we expect more growth. The success of this program really goes to the talented ladies of St. Barnabas who each month delight us with their culinary skills. Those ladies include Doreen Tobin, Pat Brown, Sara Bush, Kathy Lynch, Karlene Britzenhoff, Mary Edwards, and Barb Coffin. I'll put these ladies up against anyone in a gourmet cooking contest. Don't miss their Irish themed luncheon on March 6<sup>th</sup>.

If you love folk music and want to jam, you should be coming to the St. Barnabas Center on the third Monday of every month from 7:00 -9:00 pm. Bring your instrument with you. Or, if you are like me and just love to listen to people playing their folk-music jams, show up to hear something that's a lot of fun. They meet next on March 16<sup>th</sup>. Enter through the rear door. Hope to see you there.

Our very creative intern is starting a new program this month. It is a writing workshop. I know I'll be there. You would think I would have gone to one before I started writing these newsletters. I never said I was smart. The Writing Club will be held Feb. 24<sup>th</sup>, March 10<sup>th</sup> and March 24<sup>th</sup> -7:00 to 9:00pm & every other week into the spring. See details in this newsletter.

Micah Sadigh is a professor of psychology at Cedar Crest College. He is offering a series of talks via Zoom for the St. Barnabas Center. Friends, I attended the first one and was impressed. The series is titled *Nurturing Your Spirits with Micah*. It will be on March 12<sup>th</sup> at 7:00pm. Details in this issue.

I've been wanting to interview Jim Harding for quite some time. He's a person that works closely with the Diocese and is also on our Board of Directors. As such, he can give us both an inside view and an outsiders view of what we are doing here at St. Barnabas Center. I found our chat quite interesting and hope you will also.



The talented poets who participated in Essence Poetry Reading, Feb. 20<sup>th</sup>

Coming soon, there will be speakers in person on a variety of subjects. Our first one will be an examination of cults: How to recognize that someone is in a cult and to see what being in a cult does to you. Watch our newsletters for date and time of "Lisa Joins a Cult".

In addition, the St. Barnabas Center proudly announces that our very popular annual *Kutztown's Outstanding Citizen Award* is returning later this spring. Each year we will pick a person whose accomplishments have made Kutztown area a better place to live. That person can come from any field of endeavor. We will honor that person with speakers, songs, maybe a little roasting and then a party in our fellowship room. Send us your nominations for this award and watch these pages to see who we pick.

On To the News!

## Events This Month:

### Community Luncheon: Friday, March 6th – 11:00am-12:30pm



Our ladies at the St. Barnabas Center are once again ready to prove that they are the best. These dedicated volunteers specialize in cooking memorable meals on the first Friday of every month. This March is no exception. Come out on Friday, March 6th between 11:00am-12:30pm for a great meal and meet some new friends. Our theme will be "Luck of the Irish" Our menu this month will feature food that is guaranteed to banish the winter chills: Leek and Potato Soup, Vegetarian & Meat Sheppard Pie, Irish Soda Bread, Kale Caesar Salad and Irish Cream & Green Velvet Cupcakes! As always the luncheon is free. So is the friendship and camaraderie that occurs at these events. We'll see you there. Please note that we have changed the name from Senior Luncheon to Community Luncheon. Those of any age are welcome

### St. Barnabas Flower Sale Begins Monday March 7<sup>th</sup>



You love our mums! You love our wreathes and poinsettias! Now fall in love with our SPRING FLOWERS! Support the Saint Barnabas Center's Spring Flower Sale! Sales will begin on Monday, March 7, orders are due by Sunday, April 5. Contact the Center or any Board member to place your order!

- \* Gorgeous, overflowing baskets only \$25 each!
- \* Full flats, only \$20 each!

Deliveries will be in early May, prior to Mother's Day.

## Writing Club: Meeting Bi-Weekly on Mondays at 7:00pm—3/10, 3/24, 4/7, 4/21 & 5/5,



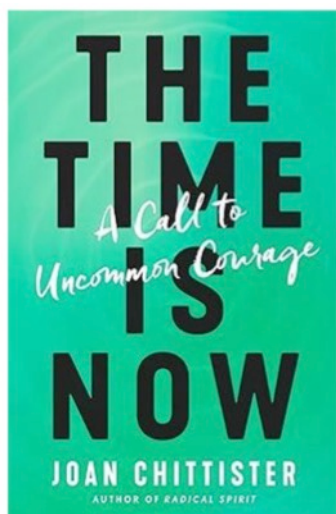
Come join the Saint Barnabas Center in the first installments of a new Writing Club program. These writing sessions will be spent learning the interests of the writers in this community, sharing our work with one another, finding useful exercises and advice for each other, and taking some time to work on our respective writing projects. Writers of all disciplines are welcome to take part and share with the group. "

## Caregivers Support Event: PA Care Kits -March 13th, 7:00pm



On Friday, March 13th, we will be holding a caregiver's support event. At this event we will be providing and touring the PA CareKits, tools used to help caregivers learn how to take better care of themselves, provided by the PA Agency of Aging. At this event, we will also be providing resources for support groups and resources that caregivers can access in the local area. Depending on the outcome of this support event, we are open to starting our own support group at The Saint Barnabas Center to provide for unmet needs. "

## Lenten Reading Group: Mondays at 7:00pm *The Time is Now: A Call to Uncommon Courage*



We will be looking at Sr. Joan Chittister's book on the way of the prophets and how we, too, are called to the prophetic life in our modern world.

Please order from your favorite bookstore. All classes will be held via zoom. There is no charge, but to receive the zoom link, for security reasons you must preregister. Send a note to [laura@stmargaretsemmaus.org](mailto:laura@stmargaretsemmaus.org) to register.

"Joan Chittister, O.S.B., is an internationally known writer and lecturer. Pairing scriptural insights with narratives of the truth-tellers that came before us, Sister Joan offers a compelling vision for readers to combat complacency and to propel ourselves toward creating a world of justice, freedom, peace, and empowerment."

*Sponsored by St. Margaret's Episcopal Church and the St. Barnabas Center.*

## Non-Violent Communication Workshop Wednesday, March 4<sup>th</sup>, 6:30 – 8:00pm



A class for all ages on conflict resolution based on nonviolent communication philosophy and practice.

We are inviting you to learn the basics of nonviolent communication. We will go over the basic formula for NVC and practice new activities and skills for communicating with honesty and compassion. This communication style is excellent for utilizing with friends and loved ones but also people we have trouble connecting with and understanding. It can be used to deepen relationships and also to bridge gaps. Utilizing our skills identifying needs, we allow ourselves to grow with each other and find practical and loving ways to be accountable and have richer connections.

**When:** Wednesday March 4th from 6:30-8pm.

**Where:** St Barnabas Community Center

**Cost:** \$15 per session.

**To register:** email <mailto:doreentobin@gmail.com> or feel free to walk in!

## St. Barnabas Noontime Service March 15th, 12:00 pm



On Sunday, March 15th at 12:00 pm we will offer our continuing monthly service. Service will be held on the 3rd Sunday of each month. On those Sundays when we cannot secure visiting clergy, we will have Noonday Prayer. Our goal is to develop an ongoing weekly service.

## Acoustic Folk Music Jam! Monday, March 16<sup>th</sup>, 7:00pm



If you play an acoustic instrument or just enjoy tapping your feet along to the music, this new event is right up your alley. Join us again in December for an acoustic music jam. Our first jam session in November was so much fun that we're holding another one this month and hope to make it a regular monthly offering. Bring an instrument if you have one or just bring yourself and a friend or two to enjoy the jam session and make a few new acquaintances!

No registration required. Refreshments will be available for a modest purchase price.

## Nurturing Your Spirits with Micah- Mind/Body/Healing, March 12– 7:00pm

Continuing: 4/9, 5/14, 6/11, 7/7, & 8/13 via Zoom



Photo by Greg Rakozy on Unsplash

Micah Sadigh, PhD, professor of Psychology at Cedar Crest College will be leading monthly sessions on a variety of topics to nurture the spirit beginning in 2026. Micah's advice to each of us: "Discover yourself! Self-discovery is one of the most important aspects of higher education [our spirits are a higher education], which leads to a better understanding of one's innate gifts and potentialities. Without self-knowledge, external circumstances, which are always in flux, determine one's destiny in life. With self-knowledge, you create your future!"

The 2<sup>nd</sup> session will be Thursday, March 12<sup>th</sup> at 7:00pm

Contact the Center at [stbarnabascenter@hometownu.com](mailto:stbarnabascenter@hometownu.com) to register and receive a zoom link for each session.

## Chair Yoga: Every Wednesday Morning – 9:30-10:30am



For people who need stretching and exercise but cannot enjoy traditional yoga practices, we offer Chair Yoga. Kris is a talented professional who adapts her instruction to the needs of all participants. The first lesson is always free to see if it is right for you. If you decide you want to come again it will be \$10.00 per lesson.

### *The Benefits of Chair Yoga by Kris Amey*

Sitting in a chair for exercise may sound counterintuitive. But chair yoga is one beneficial form of exercise that embraces the chair as a prop, making exercise accessible to anyone. A quick Internet search on "benefits of chair yoga" finds numerous results such as:

1. **Gain strength** – With regular practice, chair yoga is a great way to strengthen your body. In each yoga pose, you work your muscles to hold and complete the pose. An increase in strength can lead to improved balance.
2. **Increase flexibility** – Chair yoga can help improve your current flexibility and help to maintain it, making everyday activities much easier on the body and improve your mobility.
3. **Reduce stress** – Chair yoga provides more than just physical health benefits; it's great for your mental health, too! By focusing on your movements, breath, and your body, you create a form of meditation. This can also lead to improving your mood.
4. **Sense of community** – Participating in a class with others can provide a sense of community. A group setting can help you meet and bond with new friends or neighbors. You may find inspiration and motivation in those around you.
5. **Better sleep** – Having a regular exercise routine is often associated with improved sleep.

## Community Crafters/ Threads Meets Every Thursday – 2 pm



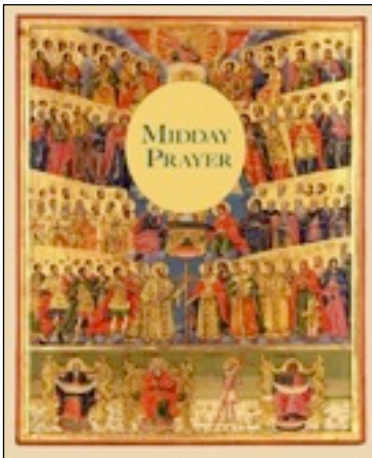
There are opportunities to engage in all kinds of needlecrafts, including but not limited to knitting, crocheting, slow stitch, and embroidery—beginner, intermediate and expert crafters are all welcome!

Our crafting group had received a notice that there is an urgent need for chemo caps in the Lehigh Valley. Our talented knitters and crocheters came through and provided a huge bag full of beautifully crafted caps, scarves and prayer squares!

We at St. Barnabas have yarns and patterns we'd be happy to share with you if you are willing to help us continue to meet this need. You may pick up yarn and patterns and work on your contributions from home or at the Center with us.

All chemo caps must be made with cotton or acrylic yarn and be washable. No wool! If you have any questions, email us at the Center

## Virtual Midday Prayer: Every Wednesday – 12:00-12:45pm



Midday Prayer Service is held via zoom every Wednesday from 12:00-12:45 pm in conjunction with St. Margaret's Episcopal Church in Emmaus. Officiated by Mo. Laura Howell, services are open to all and focus on a saint whose feast day falls within that week. If you are interested in participating, contact us at [stbarnabascenter@hometownnu.com](mailto:stbarnabascenter@hometownnu.com) and we will be happy to provide a link.

## KOFFEE: New Leadership: Eric Johnson



KOFFEE is an organization that supports educational excellence. With school boards having running amok across the country, it is essential for citizens to keep informed about what their school board is doing.

Rumors of KOFFEE's demise have been greatly exaggerated. It is merely under new leadership. We want to thank Robyn Underwood for her years of running the organization and welcome Eric Johnson to the post.

Eric is not scheduling new meetings at the St. Barnabas Center yet. The latest from Eric:

**Dear KASD Friends and Neighbors,**

I am sharing a podcast from NPR's 1-A show about the recent past and current trends of school boards nationwide. There are some encouraging bits here about how extremist groups such as Moms For Liberty have been losing influence and how far-right candidates have been seeing a backlash over the last few election cycles.

<https://www.npr.org/2026/02/17/nx-s1-5717076/americas-school-boards-in-2026>

## Better Place Therapy Workshops & Seminars:



We are working with the St. Barnabas Center to develop some new programming and workshops. You'll be hearing more about these offerings in the coming months.

For more information about our services, workshops, & seminars please email us at [info@better-place-therapy.com](mailto:info@better-place-therapy.com). If you want to pass along any other requests or ideas to serve Kutztown, we welcome your suggestions.

All events are presented by Wendy Hill, a Licensed Marriage and Family Therapist in PA.

## Other Community Events & Outreach:

### St. Paul's UCC Church:

**Young At Heart Presents: Herm Danenhower of Danenhower Apiaries, April 25th-12:00 - 4:00 pm**



St. Paul's UCC, 47 South Whiteoak Street, Kutztown, Pa. 19530  
(610) 683-3393

### Rejoicing Spirits -Sunday, March 1st 3:00pm

All are welcome to each 30-40 minute, no-shush ecumenical worship service that enriches the lives of all people, especially the differently-abled, their caregivers, families and friends. Rejoicing Spirits includes music, playing musical instruments, joyous singing, opportunities to participate, brief, meaningful messages and the chance to connect with others.

Join us for snacks and fellowship immediately following each service.  
St. Paul's United Church of Christ 47 S. Whiteoak Street, Kutztown, PA

195 610.683.3393 [office@stpaulskutztown.org](mailto:office@stpaulskutztown.org) Parking is behind the church with accessible entrance from the parking lot.

### Mt. Zion Lutheran Church: Saturday,

**Miller-Keystone Blood Drive: March, 28th 9:00am-2:00pm**

Mt. Zion Lutheran Church, 1343 Long Lane Road, Kutztown

Appointments required. To schedule an appointment, Call MKBC at 1-800-223-6667 and use sponsor code E161. All donors must present a valid ID with first and last name; Photo &/or signature. Before you donate, remember to drink plenty of water.

### Clothing Drive Feb 15th -March 20<sup>th</sup>

All seasons of men's, women's, children's clothing & accessories.  
Located in the Mt. Zion's basement table.



## Trinity Lutheran Church:

**Kutztown Kitchen Community Meal: Sunday, March 29th– 4:30pm**



All are welcome at this community meal. For takeout or questions call, text or email 484-239-5314, [aepriester@gmail.com](mailto:aepriester@gmail.com) (Leave your name, phone number, and number of meals requested)

## Spiritual Direction for Seekers:

The Saint Barnabas Center is pleased to partner with Earlane Klingler, a Spiritual Director trained at Moravian Seminary. Earlane is offering monthly one-hour sessions via Zoom or telephone. *"Spiritual direction is an exploration of a person's spiritual journey with someone trained in listening, deep reflection, and discernment."* Teresa Blythe

It is confidential sharing of your experience of your God or higher source. Free introductory session to explore if this is right for you.

### Spiritual Practice-Rule for Life

Adapted from Spiritual Disciplines Handbook by Adele Calhoun (p.38)

*"I appeal to you, therefore, brethren, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship."* Romans 12:1

A rule, or rhythm of life, is a way to live your life as spiritual worship. Your rule will conform to you, who you are. It will honor your limits, your strengths, and your desires. What gives you energy? What depletes you? What will bring you closer to the divine?

Making a rule is not to be taken lightly. I am going to list six questions as printed in Calhoun's book of Spiritual Disciplines to help find your rule, your natural rhythm in life.

1. When and **where** do you feel closest to God? Pay attention to the experiences and practices that draw you to God.
2. What is most important to you? To go deeper, ask yourself:
  - What gives you a sense of self-worth and security?
  - Where do your relationships need attention? Notice where God fits in.
  - Who do you want to become?
3. What do you currently do to realize your goals and longings? (Ex. work, study, pray, diet, exercise, socialize)
4. What practices feel right in your life?
5. Where do you want to change?
6. After taking inventory, choose several disciplines that arise from your desires while considering the limits and realities of your life.

When you are ready, write your rule using the answer to your questions as a guide. The rule intends for you to partner with God for a balanced life that brings about a transformation in you.

After you have worked with your rule for a time, you may find it isn't working for you, and that is normal. This rule can be fluid; adjust it or scrap it and start over. Experimenting with different ideas will ultimately pay off.

## Interview with Jim Harding

Jim Harding is a member of the St. Barnabas Board of Directors, and he is on the Finance Committee. He is also a member of the Episcopal Diocese of Susquehanna (The new name for our Diocese) and Chair of the Mission Granting Committee. In addition, Jim is a member of the Lehigh Conference of Churches. He is chairman of the Finance Committee and a member of the Executive and Nominating Committee.

Jim has been married for 45 years, and has two children and four grandchildren. He worked at Air Products for 38 years, retiring as a senior finance manager in 2017.

**CHUCK:** *Jim, thank you for your time. We really appreciate you being here. I think you are one of the few people that are on the St. Barnabas Center's Board of Directors and serving the Diocese on some of its committees. I'd like to ask you a few questions about your roll there, because of what they think is very important to us. When we decided to try this a few years ago, were you sitting on the Board of Directors then?*

**JIM:** I was not on the Board of Directors, but I was on the Mission Resources Committee. When the idea of St. Barnabas Center came up, I was on the Finance Committee and the Mission Resources Committee. I can tell you it was perceived as an opportunity by both committees. We recognized that you were no longer a parish under the structure and definition of what a parish is. At the same time, we saw that those who remained from the old St. Barnabas Church had an energy behind this endeavor.

There was a belief in the Diocese that we should try something different. Even today we are looking at different models within the Diocese for smaller community parishes. How do we partner better with different parts of the community. We have partnered with Lutheran churches and others with food groups and preparing meals. We find that the impact of partnering can reach people on a greater level. In these endeavors we are not seen just as a church.

**CHUCK:** *If they had their druthers, what is it that they would really like us to be, and what would we be doing? What would make them very happy?*

**JIM:** I don't know if I can answer that question. I think if I thought about it as *How Do You Define Success* you would find an organization that is self-sustaining. Recognizing that the diocese has invested and will continue to invest in St. Barnabas. The challenge is that you have re-envisioned St. Barnabas. Certainly, seeing this new vision stand on its own feet is one goal.



Seeing programs that help others is important and we can see that today in your programs. This would be considered success, and the diocese would give a thumbs up.

**Chuck:** *In your experience (and don't be afraid to be critical because this is all taken as positive coaching) what do we need to do more of? What are we wasting our time on and should do less of?*

**JIM:** Sometimes we get a little bogged down with dotting every "i" and crossing every "t". I think the church at times is reluctant to try different things. People in small organizations are sometimes scared of failure. Maybe thinking "look at all the time we gave up." But I think you have to try to succeed.

You're not going to win with everything. Look at things that have engaged people like the luncheon. The day we went down to open our bank account we got talking to the branch manager down there and she had told us that the day before, a lady came in that was at the luncheon. That's all she wanted to talk about. She so impressed the bank manager that in just one little visit the manager asked where this place is, because she's not from around here. There was general excitement in what the individual was talking about. To me, that is a real indication of success. You've impacted that person to the extent that they want to talk about it. When people want to talk about it—that's a win! Doreen has pointed out that for Juneteenth we had a full house. Doing those kind of events and offering programs that don't currently exist in the community is a win. Also, I believe that Kutztown doesn't currently have a community center.

**Chuck:** *No, not really. Events go on at the library and events go on at the Firefly Bookstore: They have a Knitting Club, they have a Tarot Club; you name it, they have a bunch of clubs up there and they are very good at promoting them.*

**Jim:** There's an opportunity as in how can we partner with some of them. Are there certain things that they are turning down due to space or time requirements? Are there certain things that the library can't do because of whatever. Or if they have overflow they can't handle we are ready to partner. So, I think partnering with organizations may also have a benefit. That shouldn't be a hard thing to find out.

**Chuck:** *Speaking of things we're up against, tell me if I'm wrong. People have the wrong idea: They might not be church-goers, or they may be Lutheran at the current time, but when they hear the event is happening at an Episcopal Church they feel like they're not invited. Even though we're asking them to come. I am wondering about the fact that there are so many denominations and how that affects people. You know that this is a Lutheran and UCC area.*

**Jim:** Okay.

**Chuck:** *It's a lot of those people that we'd like to reach. We are hoping to attract some of these people. We are thinking about developing something on Sundays that allows participation, like a question and answer period after the sermon.*

**Jim:** That's an interesting idea. The Episcopal Church is in communion with the Lutheran Church. At my Church we have a Lutheran minister that preaches every six weeks. We need to sit down with them and find out what we can do. Maybe they have a program that we can augment.

**Chuck:** *They can take Communion here can't they?*

**Jim:** Absolutely-Yes! The Lutherans, Moravians and Episcopalians all have doctrines that they can attend each other. We are not like the Roman Catholics, in that you must be Roman Catholic to take Communion. So yes, that should be an opportunity that could be explored. And you offer services at a different time, so maybe that could be an advantage to certain people. Part of this is getting people to understand what we are. We are more than an Episcopal Church now.

**Chuck:** *We are also a community center.*

**Jim:** Yes, and that's part of the education process. You've reconstituted what was an Episcopal Church into a community center that offers an Episcopal service.

**Chuck:** *Right.*

**Jim:** Your main goal is not to become a church again. Your main goal is to become a center that offers church. I think you're right. A lot of people hear religion and they turn off. "I'm not religious so I'm, not going to participate." That is a hurdle. Talking to people. Show them what's being done here. You host weddings and receptions and other things. Yes, being a church has a little bit of a stigma to it. You're not a church, but we offer Episcopal services because that is what's in our history.

**Chuck:** *We offer spiritual programs too. And speakers.*

**Jim:** To me, that's all education that has to be done. You're doing newsletters that get the word out. You're doing events and programs that broadcast out. All those things you're doing are positive things. Remember that you are still pretty young. When you think about where you were three years ago coming out of the pandemic.

**Chuck:** *We are all wondering how fast we need to grow. As long as we're growing will that be acceptable. Or, Is there a timetable?*

**Jim:** There is no timetable that I am aware of in the diocese. As I told Doreen, I think we need to see progress or growth if you want to call it that, to say this organization is still worth supporting. *New Bethany* started out like you and continued to grow. It is still supported by the Diocese. You may never get as big as them but in terms of the size of the population you serve- Yes I can see that happening.

So, I think it's education and you're working on that. I think its programing and Doreen has done a great job of lining stuff up. It will become visible to people. I've seen that and I've heard that in some of the encounters I've had.

**Chuck:** *That's great.*

**Jim:** So I think we're on the right path. The finances I think, as people become aware of what's going on, they will be more willing to give. I think we need to keep in mind what we can do to see that happen. We need to answer a question in people's minds: What am I giving for. Am I giving for the building? Am I giving to try growing a program? Am I giving to grow a service for a religion I don't necessarily support.

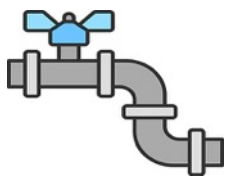
**Chuck:** *Some people think that we are fuzzy in people's minds. We are not a regular Church. We're not strictly a community center. I don't think we have defined ourselves yet in the public mind. If they're going to give they need to know what they are giving to.*

**JIM:** If you look at the mission statements and the documents we put together, it's pretty clear that we are more than a church. The key is making sure that that's the message that gets out. We moved beyond The St. Barnabas Episcopal Church, and we have to make sure people are aware of that. We can offer a service for Latin Americans or Migrant Workers. We are moving beyond the traditional brick and mortar Episcopal Church.

**Chuck:** *That's what we all wanted to do in the beginning.*

**Jim:** I think that where you're headed. I think that's the direction we all signed up for. I think if we continue to move that forward, it may be a slow go. We're still pushing the boulder up the hill right now. But you've taken on a lot of stuff. You made improvements on the building. The diocese has supported you. I think what they want to see is progress. As long as there's progress you're going to get their financial support. Progress is as simple as the bank manager saying: I heard this and I want to see what's going on. We just have to keep getting the message out. I think you're still early in the messaging. Continue to offer programs that are unique to the center. These will create wins that translate into success.

**Chuck:** *Thank you for spending some time with us.*



## IN THE PIPELINE:

**Game Night is back!** Get ready for a fun family evening of games and fellowship, tentatively scheduled for Friday, April 17<sup>th</sup>. More details in our next issue.

**Lisa Joins a Cult** – Coming in April, date to be announced soon! Join Lisa VanArsdale, comedian and podcast host, for an immersive evening of exploring religious cults, why they happen, and what keeps them going.

**Kutztown's Outstanding Citizen Award** celebration is making a comeback! St. Barnabas Episcopal Church had run an annual citizen's recognition celebration annually prior to the pandemic. We are going to be renewing this great community event this May! If you have suggestions for a citizen who goes above and beyond to help make Kutztown a great place to live, let us know!

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My name is Chuck Brown. I am the facilities manager of the Center. You can speak to me about any activity or issue concerning the Center or offer suggestions for programs you think would work for the Center. I am in the office Monday through Thursday from 10:00am -12:00 noon. If you call at other times, leave a message and I will answer you during our office hours. The Center phone number is 484-648-2814 or email [stbarnabascenter@hometownnu.com](mailto:stbarnabascenter@hometownnu.com).

Till next month-

*Chuck*

Visit us at the St. Barnabas Community Center Website at  
<http://www.stbarnabasktown.org>.

We value your privacy. Contact us at [stbarnabascenter@hometownnu.com](mailto:stbarnabascenter@hometownnu.com) if you wish to be removed from our mailing list.