

# THE SAINT BARNABAS CENTER

newsletter # 25  
October 2025

Hi Everyone:

I am writing this newsletter just as we have finished two annual events. On September 13<sup>th</sup> we had a booth at Fall Fest. We made many people aware of the existence of St. Barnabas Center. We also sold snack items and water to raise some money for the Center. The following week we had our annual Mum Sale. This year we sold more than last year. Next year we will sell more than this year. We are experiencing great “word of mouth”. We have a great source for these plants. When you see one, you’ll want one. Simply beautiful. So, watch this newsletter for next year’s sale.

The ladies of St. Barnabas outdid themselves in September with a delicious pork loin senior luncheon. On October 3<sup>rd</sup>, the theme is my favorite: An Italian Harvest. I’m putting you on fair notice. Get there on time or you may find that I ate all the lasagna.

We have a new intern. Her name is Sarah Haines and she comes on board raring to go. In this issue, I interview Sarah about her hopes and aspirations. Please take the time to meet this delightful young lady by reading *Our New Intern* in this issue. Sarah is also the moving force behind two events announced in this issue: *Essence Magazine Poetry and Art Exhibition* and *Halloween Dinner Extravaganza*. Check them out.



We are very excited to begin holding regular monthly Sunday services at the Center! Our first service was held this past Sunday, celebrated by Rev. Laura Howell of St. Margaret’s Episcopal Church, Emmaus. We will conduct a worship service on the third Sunday of each month at 1:30 PM. We’ll be rotating between a clergy led Eucharistic service and a Noonday Prayer service. Anyone who has visited the Center for an event that utilized our sanctuary can attest to the simple but beautiful worship space and the wonderful acoustics. Please join us on Oct. 19<sup>th</sup> for this lovely Episcopal service, followed by some great fellowship & goodies.



Our Bible Study begins on Oct.6- with a two-part book study class based on the book *The Bible With and Without Jesus* by Amy-Jill Levine & Marc Zvi Brettler.

I am remiss in many introductions to our newsletter because while promoting all our new events I often forget to mention ongoing events that happen at the Center all of the time.

So here is a shout-out to:

- \* Chair Yoga: Every Wednesday from 9:30am to 10:30am
- \* Community Threads: Every Thursday 2:00pm to 4:00pm
- \* Senior Luncheon: First Friday of Every Month 11:00am to 1:00pm
- \* St. Barnabas Church Service: 3<sup>rd</sup> Sunday of every month 1:30pm-2:30pm
- \* KOFEE Last Monday of every month 7:00pm. (On vacation in September)
- \* Virtual Miday Prayer: Every Wednesday 12noon to 12:45pm

We hope to see you at one of our events this month. Let us know what additional events at the center.

## Events This Month:

### Essence Magazine Poetry Reading/Art Exhibition:



**Tuesday, September 23rd at 6:00PM**

Join Kutztown University's Essence Magazine in the welcoming space of the sanctuary at Saint Barnabas! Our featured artist is Rebekah Ehrhart. Bring your own art and/or poetry to share with like-minded people from all walks of life!

### Senior Luncheon: Friday, Oct 3rd 11:00–1:00 pm



Our senior luncheons are back in full force. September was great and October promises to be better still. Our dedicated volunteers specialize in cooking memorable meals on the first Friday of every month. This October is no exception. Come out on Friday, October 3rd between 11:00am-1:00pm for a great meal and meet some new friends. Our theme will be Italian. Our menu this month will feature traditional lasagna, butternut squash lasagna, ratatouille, salad, garlic bread and an Italian Dessert. As always this luncheon is free. So is the friendship and comradarie that occurs at these events. We'll see you there.

## Chair Yoga: Every Wednesday Morning, 9:30-10:30am



For people who need stretching and exercise but cannot enjoy traditional yoga practices, we offer Chair Yoga. Kris is a talented professional who adapts her instruction to the needs of all participants. The first lesson is always free to see if it is right for you. If you decide you want to come again it will be \$10.00 per lesson.

### *The Benefits of Chair Yoga by Kris Amey*

Sitting in a chair for exercise may sound counterintuitive. But chair yoga is one beneficial form of exercise that embraces the chair as a prop, making exercise accessible to anyone. A quick Internet search on “benefits of chair yoga” finds numerous results such as:

1. **Gain strength** – With regular practice, chair yoga is a great way to strengthen your body. In each yoga pose, you work your muscles to hold and complete the pose. An increase in strength can lead to improved balance.
2. **Increase flexibility** – Chair yoga can help improve your current flexibility and help to maintain it, making everyday activities much easier on the body and improve your mobility.
3. **Reduce stress** – Chair yoga provides more than just physical health benefits; it's great for your mental health, too! By focusing on your movements, breath, and your body, you create a form of meditation. This can also lead to improving your mood.
4. **Sense of community** – Participating in a class with others can provide a sense of community. A group setting can help you meet and bond with new friends or neighbors. You may find inspiration and motivation in those around you.
5. **Better sleep** – Having a regular exercise routine is often associated with improved sleep.

## Community Crafters/ Threads: Every Thursday Afternoon, 2:00 pm



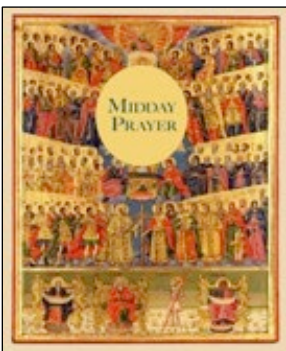
We have resumed our weekly meetings on Thursday afternoons at 2:00 pm. There are opportunities to engage in all kinds of needlecrafts, including but not limited to knitting, crocheting, slow stitch, and embroidery—beginner, intermediate and expert crafters are all welcome!

St. Barnabas has opted to do the Holiday gift boxes for seniors in our area. To support that initiative, we are focusing on creating Prayer Cloths for each box. We invite anyone who wishes to be part of this effort to join us.

Whatever type of needlework you engage in can be used to make a prayer cloth. Finished products should be 6" x 9" in size. We have lots of yarn to share for knitters, crocheters and weavers. Sadly we do not have a stash of

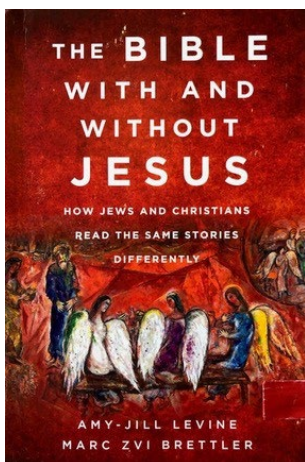
fabric but if you are looking for some we will see how we can help." If you have any questions, email us at the Center.

## Virtual Midday Prayer: Every Wednesday, 12:00-12:45 pm



Midday Prayer Service is held via zoom every Wednesday from 12:00-12:45 pm in conjunction with St. Margaret's Episcopal Church in Emmaus. Officiated by Mo. Laura Howell, services are open to all and focus on a saint whose feast day falls within that week. If you are interested in participating, contact us at [stbarnabascenter@hometownu.com](mailto:stbarnabascenter@hometownu.com) and we will be happy to provide a link.

## The Bible With and Without Jesus:



### Two-Part Book Study Class begins

October 6-November 24, 2025, 7:00 pm

January 12-February 9, 2026, 7:00 pm

In their book, Amy-Jill Levine and Marc Zvi Brettler explore some of the Hebrew Bible passages that figure most prominently in the New Testament, discussing the original context of these passages, as well as how Jews and Christians have understood them throughout history. Please order *The Bible With and Without Jesus* from your favorite bookstore. \*\*Choose the 494-page version, NOT the shorter one.\*\*

Amy-Jill Levine is Professor of New Testament and Jewish Studies. Marc Zvi

Brettler is Professor of Jewish Studies. These two top Bible scholars also strive to foster mutual understanding and respect between Jews and Christians.

All classes will be held via zoom. **Take one part or both.** There is no charge, but to receive the zoom link, for security reasons you must **preregister**.

Send a note to [laura@stmargaretsemmaus.org](mailto:laura@stmargaretsemmaus.org) to register.

*Sponsored by St. Margaret's Episcopal Church and the St. Barnabas Center.*

### St. Barnabas Church Service is Back: Sunday, October 19th 1:30 pm



I can't tell you how many calls I get each week at the Center asking if we have an Episcopal Church service. Now, I can answer, "Yes we do". On Sunday, October 19th at 1:30 pm we will offer our 2nd service this year. Lay Leader Pat Brown will officiate Noonday Prayer. In the following months, we will have a service on the 3<sup>rd</sup> Sunday of each month. We hope to offer additional services for the Advent season. On those Sundays when we cannot obtain clergy, we will have Noonday Prayer. Our goal is to develop an ongoing weekly service.

### Halloween Dinner Extravaganza: Tuesday, October 28th at 5:30 pm



Saint Barnabas will be transformed for one night into a mansion of spooky splendor! College students are invited to come participate in a costume dinner party at the Saint Barnabas Center on the evening of Tuesday, October 28th. There will be many surprises awaiting attendees, including a Cooking

Demonstration, a Creature Feature Presentation, and a Free to Join Raffle! Dare to be delighted by an evening of nutritious edu-tainment!

## KOFEE:

*Robyn will be on vacation so there is no end of September meeting at St. Barnabas} She sends these thoughts:*



On August 28, Aimee Saunders from Red Wine and Blue made a presentation about her background growing up in Christian Nationalism and how it brought us to Project 2025. She discussed how Project 2025 is playing out before our eyes! She described school board members (school directors) as the guardrails of our community, as they make decisions about what our kids will learn, protect diverse communities and protect parental rights.

We ask that you keep talking to your family, friends and neighbors about the current and potential impacts of Project 2025 on our community. Please encourage them to VOTE on November 4.

There will be a meeting of the full board on Monday September 22 at 7:30 pm in the high school library (or via zoom). You can see the agenda [HERE](#).

We will not have a KOFEE in-person meeting on Sept 29 because I am not available. Watch for more activity in October in the lead-up to the Nov 4 election. Robyn

### **KOFEE: Kutztown Organized for Educational Excellence:**

Visit us to learn more about us at [kofee.info](http://kofee.info)

Contact: PO Box 54, Kutztown, PA 19530; [kofee.kasd@gmail.com](mailto:kofee.kasd@gmail.com)

### **Kutztown Area School Board & Superintendent emails:**

"Michael Hess" <[mhess@kasd.org](mailto:mhess@kasd.org)>, "Caecilia Holt" <[cholt@kasd.org](mailto:cholt@kasd.org)>, "Laurel Ziegler" <[ziegler@kasd.org](mailto:ziegler@kasd.org)>, "Erin Engel" <[eengel@kasd.org](mailto:eengel@kasd.org)>, "Jason Koch" <[jkoch@kasd.org](mailto:jkoch@kasd.org)>, "Jeremiah Light" <[jlight@kasd.org](mailto:jlight@kasd.org)>, "Daniel Wismer" <[dwismer@kasd.org](mailto:dwismer@kasd.org)>, "Dennis Udicious" <[dudicious@kasd.org](mailto:dudicious@kasd.org)>, "Reba Hoffman" <[rhoffman@kasd.org](mailto:rhoffman@kasd.org)>, "Christian Temchatin" <[ctemchatin@kasd.org](mailto:ctemchatin@kasd.org)>

## **Better Place Therapy Workshops & Seminars:**



We are working with the St. Barnabas Center to develop some new programming and workshops. You'll be hearing more about these offerings in the coming months.

For more information about our services, workshops, & seminars please email us at [info@better-place-therapy.com](mailto:info@better-place-therapy.com). If you want to pass along any other requests or ideas to serve Kutztown, we welcome your suggestions.

All events are presented by Wendy Hill, a Licensed Marriage and Family Therapist in PA.

## Other Community Events & Outreach:

### Mt. Zion Lutheran Church:

#### Fall Shared Abundance Community Meal

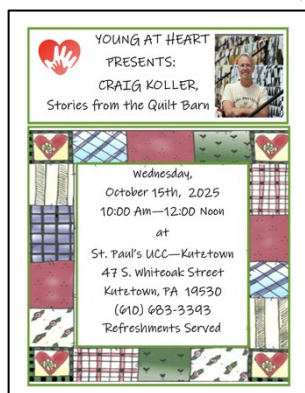


Thursday, October 9. It will be held at New Jerusalem Zion UCC, Krumsville, 5-6:30 PM.

Mark your calendar and plan to come out for a delicious meal and good fellowship with others in our community. Why stay home and cook? Sponsored by the Local Shared Outreach Group of Mt. Zion & Friedens Lutheran Churches and New Jerusalem Zion UCC.

**Youth Group News!!!** It's time to launch our new youth groups at Mt. Zion Lutheran Church and we'd love for you to be a part of it! This is a chance for students in 6th - 8th and 9th - 12th grade to connect with their age group, grow in their faith, and reach out and serve our community. Our first meeting will be held Sunday, October 12th from 5:30 PM - 7 PM in the downstairs Fellowship Hall. Parents are encouraged to attend the first 1/2-hour to hear more about launching two new youth groups. See you then!

### ST. Paul's UCC, Kutztown:



**Wednesday, October 15th, 10:am – 12:00 noon**

**Young At Heart Presents: Craig Koller Stories from the Quilt Barn**

St. Paul's UCC, 47 South Whiteoak Street, Kutztown, Pa. 19530  
(610) 683-3393

**Rejoicing Spirits -Sunday, October 5th 3:00pm**

All are welcome to each 30-40 minute, no-shush ecumenical worship service that enriches the lives of all people, especially the differently-abled, their caregivers, families and friends. Rejoicing Spirits includes music, playing musical instruments, joyous singing, opportunities to participate, brief,

meaningful messages and the chance to connect with others.

Join us for snacks and fellowship immediately following each service. St. Paul's United Church of Christ 47 S. Whiteoak Street, Kutztown, PA 195 610.683.3393 office@stpaulskutztown.org

Parking is behind the church with accessible entrance from the parking lot.

### Trinity Lutheran Church, Kutztown:

**Sunday, October 26, 2025, 4:30pm**

**Kutztown Kitchen Community Meal**

All are welcome at this community meal. For takeout or questions call, text or email 484-239-5314, [aepriester@gmail.com](mailto:aepriester@gmail.com) (Leave your name, phone number, and number of meals requested)



## Spiritual Direction for Seekers:

The Saint Barnabas Center is pleased to partner with Earlane Klingler, a Spiritual Director trained at Moravian Seminary. Earlane is offering monthly one-hour sessions via Zoom or telephone. *“Spiritual direction is an exploration of a person’s spiritual journey with someone trained in listening, deep reflection, and discernment.”* Teresa Blythe

It is confidential sharing of your experience of your God or higher source. Free introductory session to explore if this is right for you. If interested or if you have any questions, please contact Earlane Klingler at [klingle@moravian.edu](mailto:klingle@moravian.edu)

### Spiritual Practice - Centering Prayer

Adapted from *Centering Prayer and Inner Awakening* by Cynthia Bourgeault

*Silence is God’s first language, everything else is a poor translation.*

– Thomas Keating

Meditation is an ancient spiritual practice that can be done in many different ways. In the end, all methods lead to the same center. The practice that I am focusing on in this writing is called Centering Prayer. Thomas Keating refers to centering prayer as taking a brief vacation from yourself.

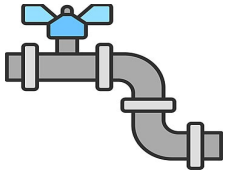
The steps for centering prayer are very simple.

- ❖ Find a time, about 20 minutes when you can sit without distraction. Please note that if you find time to be an obstacle, start with any amount of time, 1-5 minutes, and build from there. Do not put pressure on yourself to beat the clock, do what feels natural for you.
- ❖ Sit in a comfortable place in a comfortable position. This can be a chair, the floor, or any place you are comfortable.
- ❖ Ask the Spirit to help you open your heart to the unknown.
- ❖ Pick a sacred word as your focus point.
- ❖ Sit in silence for 20 minutes.
- ❖ Clear any thoughts that come into your head by returning to your sacred word. The point is not to become attached to a word, phrase, your to-do list, or grocery list. This is because thinking pulls you to your surfacy self while gently returning to your sacred word will pull you back into the silence.

When finished get up and go on with your life.

While the steps are simple, many people find this way of meditating extremely frustrating. I offer you a helpful hint; do not worry about your wandering mind, that is normal. Simply return to your sacred word.

I will close with a quote from Bourgeault in her book *Centering Prayer and Inner Awakening*, “What goes on in those silent depths during the time of Centering Prayer is no one’s business, not even your own; it is between your innermost being and God.”



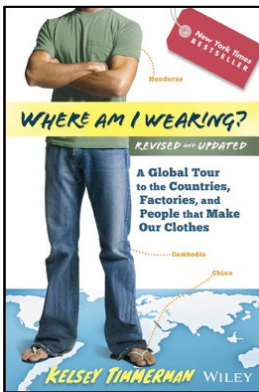
## IN THE PIPELINE:

### Non-Violent Communication Workshops



Back by popular demand, learn the building blocks of compassionate communication for deeper empathy and healthy conflict resolution. We are The sessions will be facilitated by Deni Tobin who has years of experience in teaching and advocating for violence prevention in Chester County.

### Brave Space Book Club: Coming in November



**Brave Space Book Club** will be scheduled for this November on Zoom: *Where Am I Wearing – A Global Tour to the Countries, Factories, and People that Make Our Clothes – Revised and Updated* by Kelsey Timmerman

We will journey with Kelsey Timmerman as he visits the factories where his favorite clothing is made. We will explore the conditions under which textile workers live and work, and how to make mindful decisions about our clothing choices as informed, active citizens. If you prefer to buy local, Firefly Bookstore is a great resource.

Call or email the Center to register for the group and receive your zoom link at [Stbarnabascenter@hometownu.com](mailto:Stbarnabascenter@hometownu.com): 484-648-2814.

### Young Artists Holiday Makers Market: Saturday, Nov. 22<sup>nd</sup>, 11:00am-2:00pm



We're teaming up with Kathleen of Local Folks Creative Studio to bring you a special holiday treat! Young artists and makers 18 & under will be selling handmade items for holiday gifting. Stop by the St. Barnabas Center of Kutztown on Saturday November 22nd, 11-2pm to support your local budding entrepreneurs. Spaces are limited to participate as a vendor, but you can apply via the form [HERE](#). Handmade items only.

### The Churches of Kutztown Open House Jan. 4<sup>th</sup>, 2026

Last year the Kutztown Historical Society offered an event, "The Churches of Kutztown Open House." Due to a very successful day, St. Barnabas Center is pleased to participate in this event again. The event is a self-guided tour for our community to learn about the historic background and see beautiful holiday decorations of the Kutztown churches.

## Advent Series: Sunday, Nov.30, Dec. 7, 14, & 21



Last Advent we launched our series to celebrate the season of Advent in meaningful ways. This year we hope to reach even more of the folks in our community who need a little Christmas cheer. Each Sunday leading up to Christmas will feature a church service followed by a fun, family-friendly activity each week, culminating on Dec. 21<sup>st</sup>. The activities will vary each week and may include assembling gift boxes for a local senior facility, decorating Christmas cookies, or making a special holiday craft!

### Meet Our New Intern: Sarah Haines

Recently I sat down with our new intern at St. Barnabas to discuss her ideas on helping to build community in our area. It appears that Sarah will be active and highly involved in our mission.

**Chuck:** *First, I'd like to introduce you to the people who are reading this interview. We'll be having you here for the whole year and I hope it will become a learning experience for all of us. Can you give us a little background on yourself? How you came to us, what your major is and what your plans for the future are.*

**Sarah:** It's a complicated story. When I was younger, I was super-passionate about the arts, and still am. I would use art as a coping mechanism in my daily life. I saw a lot of my friends dealing with pain in an unhealthy way. As I got older, I wished I could share my artistic ventilation with other young people. I wanted to provide that as a skill that could be used throughout your entire lifetime. At first, I wanted to go to Disney and be an animator and this and that, but as more time past I found that I was way more interested in interacting with other people on an individual basis. So, I found Social Work. I found that I could be a critical therapist. I really like the freedom that I have as a social worker to arrange my career in communities I want to serve and people I want to work with. Now I find myself a senior and I am very much living that idea of sharing art with the people that I love and the people that I want to inspire to create a chain reaction of sharing and togetherness.



I am currently the President of Essence Fine Arts & Literary Magazine on campus. I am excited to share that with the community at St. Barnabas Center because young people need an outlet. I think that as people get older, they think that they can't use art as an outlet anymore. They think that they are beyond being creative. That's not the truth so I am very excited.

**Chuck:** *Give me some examples of how you might use art to help us reach more people here at St. Barnabas Center. In our outreach to people so that we can bring people together and fight the scourge of loneliness prevalent in our country. There are a lot of lonely people out there and we are trying to get them out of the house, off their phones for an hour and be a community. Do you have any idea about how we might utilize some of your expertise to do this? Can we use art to attract people?*

**Sarah:** I think it's flattering to hear the word expertise. I truly believe that screens have separated us from one another. When I was younger, I think the screens were used for the opposite—to bring us together. There are databases of people's art that you can investigate and share as well as learn from. At St. Barabas I want to investigate ways that we can take that

capability we have on-line and bring it into the real world. I think that sharing art in person changes so much where people think that art can be separated from the artist. I don't think that's entirely the case. I have found with *Essence*, that sharing poetry has been such a ventilating, deeply needed way to express so many different emotions for young people. They can share these really difficult feelings from the innermost parts of themselves and know that the other young people around them are hearing them for maybe the first time. I think that bringing poetry into the St. Barnabas space and speaking out into the open together is going to help with that loneliness. I want to have workshops and moments where we can create together. I think that at a base level human beings want to be seen and acknowledged and accepted by a group who are interested. I am always very interested in what other young people have to say. I am hoping my example encourages other people to want to participate.



**Chuck:** *As you mentioned, you are the President of Essence Magazine. I took the time to read it and I would say that in general the poems are very good. I think it's an excellent magazine. I was wondering: Is your job here partially editing? Helping poets or just assembling the magazine?*

**Sarah:** Because of the nature of our organization, it's not my job to alter people's work. I'm not here to tell them how to make their art. We get many more submissions than we can publish. We must whittle that down to 25 pieces of art and 25 pieces of poetry. We get together and separate ourselves into the art group and the poetry group and we work to pick out our 25 favorite pieces. We do have workshops and I do provide feedback for students who are interested. I also understand that a lot of these pieces that people bring to me are sensitive and that they hold them very close to their heart. I have to acknowledge that I used to be a little more cut-throat when I was younger when I wasn't the President. I didn't have an image I had to maintain. I would say out loud that I didn't like this poem because...personally, in my own poetry I think that you shouldn't say something too plainly. For example, if someone is talking about how they were domestically abused and just say it straight out in their poem, I'm not sad because of the way they wrote it. I'm sad because they told me something sad.

**Chuck:** *You'd rather have it revealed?*

**Sarah:** I would rather there be a metaphor to unfold here. Because not only does that give the reader something to interact with, it also provides the writer with a way to create something painful which gives the reader a chance to explore the concepts. It puts it in different terms. I think you need a way to vent out these difficult things. When sharing poetry, it can be overwhelming to hear about a person that has been simply abused.

**Chuck:** *I'm frankly surprised that there are so many young people writing poetry now. Is it getting a renaissance of some sort?*

**Sarah:** I think so. I hope so. I want to inspire that to be the case.

**Chuck:** *Has Doreen discussed with you how we can employ your talents?*

**Sarah:** I already have a poetry reading and exhibition planned. Tuesday, September 23<sup>rd</sup> at 6:00pm. *Essence Magazine* will be coming into the sanctuary space at St. Barnabas Center. Twice every semester we have featured poet and a featured artist. The artist will bring in works

they would like to share and the poet will bring their favorite poems to start off the night. I found that setting an example helps with the shyness of other people. Then we open up the floor to whoever else wants to share. It attracts some young people who want to have a participatory experience together. They can invite their families and their friends and anybody who wants to come. I'm very excited to scheme up more ideas.

**Chuck:** *You mentioned you are a senior. Is the next step more schooling or can you jump into that field with a Bachelors degree?*

**Sarah:** I'll be honest. Every day my brain thinks of more ideas for the future. I find it very difficult to say. I promised myself that I would get into the Master's program and I've been trying to keep the promises I make to myself, so that I can have some follow-through. If I go into the Master's program at Kutztown I can become a licensed Social Worker. I'll see how it goes from there. Maybe something will strike me and grab me along the way. I find that the changing tides of life always bring you on a journey that has merits. I think that when I get there I will know what is the right choice.

**Chuck:** *When I was in school, I was a history major. That seems like something that is being phased out of the public schools. Even back then, a history major was stigmatized. My friends would say, "What the hell are you going to do with that? Take a minor in Philosophy so you can philosophize about history?" I'm just wondering: Does a social worker meet that same kind of disdain from students?*

**Sarah:** Certain adults who don't understand the value of community and human beings as a planetary family. A lot of people are losing their humanity towards societal progression where they think all that has worth is money. And political power and attaining assets. I think that human beings need some assets to be successful. It's nice to have a car. You deserve to have a roof over your head. But some people don't understand the merit of continuing as a species. They just want to be on their phones. I think that some people don't understand why the world is the way it is now. People think you're not going to make real money. Or you're going to do a lot of work that you're not going to get compensated for. It's not about that. It's about making the world into a place that I want to live in.

**Chuck:** *I'm going to ask you a loaded question now.*

**Sarah:** Oh Oh!

**Chuck:** *In today's political climate, do you feel that the people who are running things let's say, consider the kind of things you do a waste of money.*

**Sarah:** Yes.

**Chuck:** *Tell me why they are so wrong.*

**Sarah:** That is a loaded question. I think that human inspiration and connection means so much more than money. As long as you're following your dreams and your passions, you're always going to be rich in the soul. This is a really hard question. They think it's a waste of money because I'm not hustling. I'm not working 5 jobs to save up to become an influencer. It's not about me becoming famous. It's about encouraging other people to want to live. A lot of



corporations and a lot of governments don't want you to live. They just want you to simply survive. So many people are stuck in survival mode because they need to just make enough money for rent, and just make enough money for this and for that. I want people to feel like they're actually living their lives. Feeling enriched rather than only being able to live to serve a company.

**Chuck:** *I would say that the work you are about to do in Social Work makes you an influencer. An influencer on the people whose lives you touch. Thank you for your time Sarah. I wish you all the best.*

**Sarah:** Thank you.

### ***You Can Lend A Hand to Help Grow the Center!***

Our board is working hard to improve our organization and outreach to the community, and we could use the help of our talented community members. There are multiple opportunities to share your interests and talents by volunteering an hour or two each month as a part of one of our sub-committees: Program Development, Marketing & Communication, Facilities & Grounds, Fundraising. If you're interested in joining our terrific group of volunteers or would like more information, please send us an email at [stbarnabas@hometownnu.com](mailto:stbarnabas@hometownnu.com) listing your area of interest & your contact info. We would love to have you become part of our team!



My name is Chuck Brown. I am the facilities manager of the Center. You can speak to me about any activity or issue concerning the Center or offer suggestions for programs you think would work for the Center. I am in the office Monday through Thursday from 10:00am -12:00 noon. If you call at other times, leave a message and I will answer you during our office hours. The Center phone number is 484-648-2814 or email [stbarnabascenter@hometownnu.com](mailto:stbarnabascenter@hometownnu.com).

Till next month-

*Chuck*

Visit us at the St. Barnabas Community Center Website at <http://www.stbarnabasktown.org>.

We value your privacy. Contact us at [stbarnabascenter@hometownnu.com](mailto:stbarnabascenter@hometownnu.com) if you wish to be removed from our mailing list.